

CURRICULUM VITAE

Katrina S. Rbeiz

Department of Psychology, Vanderbilt
University

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EDUCATION

2021 – Present **Vanderbilt University**, Nashville, TN
Ph.D. Student, Clinical Science
Mentor: Sohee Park, Ph.D.

2017 – 2020 **The University of Illinois at Urbana Champaign**, Champaign, IL
B.S. Psychology, B.A. Global Studies (French minor), *Summa Cum Laude*,
Senior 100 Honorary, Bronze Tablet Awardee, Phi Beta Kappa
Mentor: Thomas R. Kwapil, Ph.D.
Thesis: *The association of multidimensional schizotypy with symptoms and
impairment across racial groups*

RESEARCH INTERESTS

Developing culturally valid psychosis and schizotypy assessments and interventions; understanding the role of risk (e.g. trauma) and resilience factors (e.g. ethnic identity, religiosity) for racial and ethnic minorities with schizophrenia-spectrum disorders; real-time intensive longitudinal monitoring; digital phenotyping using ecological momentary assessments

GRANTS & FELLOWSHIPS

2022 **Lisa M. Quesenberry Scholarship Fund**, Community Foundation of Louisville
*In recognition of women in psychology who have overcome significant personal challenges
to pursue their education*
Amount: \$2000

May – August 2022 **ThinkSwiss Fellowship**, University of Bern
*To develop novel interventions for prodromal stages of psychosis in linguistically and
ethnically diverse populations*
Amount: \$4800

2021-2023 **H(umanities) A(rts), S(cience), T(echnology) Scholar**, Vanderbilt University
*To further explore ethnic identity, resilience, and psychosocial factors of MENA
populations*
Amount: \$500

AWARDS & HONORS

2021 **Russel G. Hamilton Scholar**, *In recognition of prior scholastic accomplishments*,
Vanderbilt University

- 2021 **University Graduate Fellow**, *In recognition of prior scholastic accomplishments*, Vanderbilt University
- 2021 **Bronze Tablet**, *Top 3% of Graduates*, University of Illinois at Urbana Champaign
- 2021 **Senior 100 Honorary**, *In recognition of academic achievement, campus involvement, and service*, University of Illinois Student Alumni Ambassadors
- 2021 **Edward W. Collins & Doris Strickland-Collins Intern Award**, *In recognition of teaching excellence*, College of Liberal Arts and Sciences
- 2021 **rstudio::global Diversity Scholarship**, RStudio
- 2020 **Departmental Distinction in Psychology**, College of Liberal Arts and Sciences
- 2020 **Life + Career Design Scholarship**, College of Liberal Arts and Sciences
- 2019 **Phi Beta Kappa**, early induction
- 2017 – 2020 **Dean’s List**, The University of Illinois at Urbana-Champaign
- 2017 – 2020 **James Scholar Honors Program**, The University of Illinois at Urbana-Champaign

PEER-REVIEWED PUBLICATIONS

*indicates equal authorship

1. Kwapil, T. R., Clark, H. E., **Rbeiz, K. S.**, Bathery, A. J., Kemp, K. C., & Barrantes-Vidal, N. (2022). Association of positive, negative, and disorganized schizotypy with cluster a, borderline, and avoidant personality disorders and traits. *Personality Disorders: Theory, Research, and Treatment*, 13(2), 182–191. <https://doi.org/10.1037/per0000488>
2. **Rbeiz, K. S.** (2021, December). The Conflation of Race and Ethnicity: A Psychological Misconception. *Psychological Clinical Sciences Accreditation System Newsletter*. 6th Edition. <https://pcsasnews.org/the-conflation-of-race>
3. **Rbeiz, K. S.**, Clark, H. E., Kemp, K. C., Bathery, A. J., Monette, M. A., Barrantes-Vidal, N., & Kwapil, T. R. (2021). The association of multidimensional schizotypy with symptoms and impairment across racial groups. *Personality and Mental Health*, 1–11. <https://doi.org/10.1002/pmh.1528>

MANUSCRIPTS UNDER REVIEW

1. Monette, M.A.*, **Rbeiz, K.S.***, Kwapil, T.R. (Under Review) Racial Trauma: A Framework for Understanding Risk for Schizotypy and Psychosis in Black Americans.
2. Kwapil, T.R., Edmundson, M.S., Hernández, L.M., Kemp, K.C., Rbeiz, K.S., Clark, H.E., Bathery, A.J., Raulin, M.L., & Barrantes-Vidal, N. (under review). *Schizotypal Ambivalence as a Predictor of Schizophrenia-Spectrum and Borderline Personality Traits in Young Adults: Converging Results from Three Interview Studies*. Submitted for publication.

MANUSCRIPTS IN PREPARATION

1. Monette, M.A.*, Cowan, T.*, **Rbeiz, K.S.***, Spurlock, L.*, Dennis, E.* (In Preparation) Black Americans’ Trauma and Coping: A Qualitative Approach.
2. **Rbeiz, K.S.**, Khaled, S., Park, S. (In Preparation) A Systematic Review of Schizophrenia

Spectrum Disorders in Middle Eastern and North African Populations.

3. **Rbeiz, K.S.**, Fountain-Zaragoza, S., Benitez, A. (In Preparation) Sensitivity of the Memory Binding Test in Preclinical Alzheimer's Disease.

SYMPOSIA CHAIRED

1. **Rbeiz, K.S.**, Ahmad, S.S., Awaad, R., McLaughlin, M.M., (2022, November). *On the front lines of the Muslim mental health crisis: Risk of Psychosis, High Suicide, Low Help-seeking, and the vulnerability of Converts to Islam*. Symposium at the Association for Behavioral and Cognitive Therapies, New York, NY.
* Received sponsorship from the Spiritual and Religious Issues in Behavior Change SIG
2. **Rbeiz, K.S.**, Bogen, K.W., Cahoon, M., Dyer, R., Ramos, K. (2022, March). *Future Feminists Panel: The Future of Feminist Psychologists*. Keynote Speaker at the Association for Women in Psychology, Chicago, IL.

CONFERENCE POSTERS

1. Atari-Khan, R., **Rbeiz, K.**, Pruitt, V., & Abd Elrahman, J. (2022, August). *Arab American Well-being: A qualitative glance at the impact of the COVID-19 pandemic*. Poster to be presented at the Annual Conference of the American Psychological Association, Minneapolis, MN.
2. **Rbeiz, K.S.**, Khaled, S., Amro, I., Park, S. (2022, June). *Psychosis in Middle Eastern and North African Populations: A Scoping Review*. Poster presented at the International Consortium for Schizotypy Research, Marburg, Germany.
3. **Rbeiz, K.S.** (2022, April). *Middle Eastern and North African Populations with Psychosis*. Poster presented at 1st Annual Early Career Hallucination Researcher – North American Research Day, Remote.
4. **Rbeiz, K.S.**, Clark, H.E., Kemp, K.C., Bathery, A.J., Monette, M.A., Barrantes-Vidal, N., & Kwapil, T.R. (2021, November) *The Association of Multidimensional Schizotypy with Symptoms and Impairment Across Racial Groups*. Poster presented at [Vanderbilt Kennedy Center Science Day](#), Remote.
5. Monette, M.A., **Rbeiz, K.S.**, Kwapil, T.R. (2021, September). *Racial Trauma: A Framework for Understanding Risk for Schizotypy and Psychosis in Black Americans*. Poster presented at the Society for Research in Psychopathology, Remote.
6. **Rbeiz, K.S.**, Fountain-Zaragoza, S., Benitez, A. (2021, May). *Sensitivity of the Memory Binding Test in Preclinical Alzheimer's Disease*. Poster presented at the 2021 Virtual Brain Health Symposium, Remote.
7. **Rbeiz, K.S.**, Kwapil, T.R. (2021, April). *Is the Association of Multidimensional Schizotypy and Impairment Invariant Across People from Different Racial Backgrounds?* Poster presented at the 4th Annual Diversifying Scholarship Research Conference at the University of Virginia, Remote.
8. **Rbeiz, K.S.**, Fountain-Zaragoza, S., Benitez, A. (2021, March). *Sensitivity of the Memory Binding Test in Preclinical Alzheimer's Disease*. Poster presented at the South Carolina Clinical & Translational Research Institute, Charleston, SC.
9. **Rbeiz, K.S.**, Kwapil, T.R. (2020, April). *Is the Association of Multidimensional Schizotypy and Impairment Invariant Across People from Different Racial Backgrounds?* Poster presented at the

Undergraduate Research Symposium, Champaign, IL.

10. **Rbeiz, K.S.** (2019, August). *University Adjustability and Cultural Exploration Among Native Students, International Students and Third Culture Kids*. Poster presented at the Pembroke Research Symposium, Cambridge, UK.

RESEARCH EXPERIENCE

- 2021 – Present **Vanderbilt University**, Department of Psychological Sciences
Clinical Science PhD Student / Supervisor: Dr. Sohee Park
- Investigate the mechanisms underlying origins and maintenance of ethnic trauma among ethnically diverse populations, particularly in Americans of Middle Eastern and North African (MENA) Descent
 - Elucidate neural bases of anomalous cognitive, affective and social behavior in people with schizophrenia spectrum disorders and individuals at risk for psychosis
 - Utilize qualitative thematic analyses, methods from cognitive neuroscience and robotics, neuroimaging, psychophysiological, and ecological momentary methods to understand experiences that characterize psychosis
 - Develop virtual reality and cross-cultural interventions that build social skills and competence to improve quality of life and protect against stress-related exacerbation of psychosis symptoms
- 2020 – 2021 **Medical University of South Carolina**, Department of Neurology & Psychiatry
Program Coordinator / Supervisors: Drs. Andreana Benitez, Lisa McTeague
- Coordinated studies investigating combinatorial treatments for older adults with Mild Cognitive Impairment (MCI), interleaving high-dose, accelerated Transcranial Magnetic Stimulation (TMS) with behavioral interventions
 - Lead an NIH-funded imaging research project on Preclinical Alzheimer's Disease and cognitive aging
 - Recruited and manage study participants
 - Supervised undergraduate interns and train them on how to use Transcranial Magnetic Stimulation
 - Completed IRB continuing reviews and amendments
 - Assisted in the acquisition and analysis of 3t fMRI and MRI data
 - Administered and trained in neuropsychological assessment batteries (MoCA, WASI-II, MBT, HVLT-R, NIH Toolbox, HVLT-R), clinical symptom scales (C-SSRS, YMRS), and structured diagnostic interviews (SCID-5, MINI-7, GRID-HAMD-21, C-SSRS, YMRS).
- 2018 – 2020 **The University of Illinois at Urbana Champaign**, Department of Psychology
Research Assistant / Supervisor: Dr. Thomas Kwapil
- Conducted structured diagnostic interviews (e.g., SCID-5, GAF, SIPS, NSM, IPDE) with research participants to examine the association of scores on the Multidimensional Schizotypy Scale (MSS) with interview measures of symptoms and functioning
 - Coordinated studies examining the expression of bipolar spectrum psychopathology using ecological momentary assessments experience (EMA), which involved data collection, patient recruitment, patient retention, and survey dissemination

- Managed studies examining the expression of cognition, affect, personality, and psychopathology in daily life using experience sampling methods.
- Conducted thematic analysis of transcripts looking at racial trauma and coping factors in African American patients with schizophrenia spectrum disorders

2019

The University of Illinois at Urbana Champaign, Department of Psychology
Research Assistant | Supervisor: Andi B. Lee

- Transcribed audio recordings and process notes from interviews regarding the theory and criteria of racial-ethnic-cultural belongingness (REC-B).
- Coded 14 transcripts of participants interviews to understand the multidimensional construct of REC-B and how it is related to identity and adjustment

2019

Cambridge University, Department of Psychology
Independent Researcher | Supervisor: Dr. Gabrielle McHarg

- Conducted independent research with a faculty member where I collected data from students and analyzed the different levels of assimilation and adaptability among native student, international students, and Third Culture Kids.
- Programmed a Qualtrics survey with six questionnaires, analyzed the data using SPSS, and presented findings to the Cambridge Psychology Department.

TEACHING & MENTORING

Teaching

March 21st,
2022

PSY3620: Schizophrenia, School of Science and Math at Vanderbilt
Guest Lecturer | Course Supervisor: Menton Deweese, Ph.D.

Produced and provided a guest lecture on psychotic experiences, including felt presence, out of body experiences, and aberrant experiences. The lecture included a demonstration of the rubber hand illusion, where members of the class volunteered to participate, and learn about peripersonal space and perceptual drifts. Discussed the bridge between creativity and psychosis, and analyzed paintings created by people with schizophrenia to better understand positive, negative, and disorganized symptoms. Leading discussion on the ways in which these experiences may be comforting to those experiencing them, and on the importance of centering resilience in the discourse of psychosis.

January 27th,
2022

PSY3620: Schizophrenia, Vanderbilt University
Guest Lecturer | Course Supervisor: Sohee Park, Ph.D.

Prepared and presented a 90-minute course session on the topic of ‘Schizotypy’. I designed a lecture based on multiple peer-reviewed scientific papers, including my own journal article. The topics comprised of the history of schizotypy, schizophrenia spectrum disorders through a multidimensional approach, the psychometric assessment of schizotypy, limitations of previous measures, administering the Multidimensional Schizotypy Scale during class and discussing the psychometric and cultural merits of this assessment, bias in the assessment of schizophrenia spectrum disorders, risk factors (psychosocial, genetic and neurodevelopmental processes, neurocognition, neurochemistry, brain imaging), and early interventions.

Fall 2019,
Fall 2020

LAS 122: Leadership and Society, The University of Illinois at Urbana Champaign
Instructor | Course Supervisor: Kate Krueger, Ph.D. | Teachers Ranked as Excellent x2

Facilitated first-semester honors course for Transfer James Scholar Honors students to establish a community focused on exploring humanitarian topics and developing critical thinking skills. Provided information about the University and the College of Liberal Arts and Sciences through organized field trips, classroom presentations, and collective

discussion sessions on diversity, leadership, and global awareness. Coordinated with local non-profit organizations to organize community service initiatives.

Research Assistants/Undergraduate Students

	<u>Name and University/Institution</u>	<u>Subsequent Position</u>
2020 – Present	Sarah Mei, University of Illinois	<i>PhD Student, Colorado State University</i>
2021 – Present	James Lopez, Medical University of South Carolina	<i>PhD Student, University of Iowa</i>
2021– Present	Hidaya Zeaiter, University of Michigan	<i>PhD Student, Western Michigan University</i>
2021 – Present	Tia Nicolas, American University of Beirut	<i>Current Undergraduate</i>
Summer 2021	Ellie Kunitz-Levy, College of Charleston	<i>Current Undergraduate</i>
2020 – 2021	Patrick Wilson, College of Charleston	<i>Lab Manager, UNC Chapel Hill</i>

LEADERSHIP

2021 – Present	Psychology Student Representative, <i>Graduate Student Council</i>
2020 – Present	Co-Founder of Mentorship Program, <i>Psychin' Out</i>
2021 – Present	Leader of Psychosis/Schizophrenia Interest Group, <i>Psychin' Out</i>

WORKSHOPS & TRAINING

November 3 rd , 2021	<p>Machine Learning in Practice, Data Science Institute at Vanderbilt University <i>Instructor: Charreau Bell</i></p> <p>The preeminent approaches to build machine learning algorithms in R and Python are tidymodels and scikit-learn. The focus of this workshop is to cover the basic approaches in both and compare them solving a predictive modeling problem using both approaches.</p>
September 15, 2021	<p>Git Basics, Data Science Institute at Vanderbilt University <i>Instructor: Charreau Bell</i></p> <p>The focus of this workshop is to understand git basics from the GUI to the Command Line.</p>
September 6 th , 8 th , 10 th , 2021	<p>Introduction to Python, Data Science Institute at Vanderbilt University <i>Instructor: Charreau Bell</i></p> <p>This 3-day workshop focuses on using basic functions, importing modules, loops, operators, conditional arguments, creating simple and two-dimensional lists, slicing and iterating, and working with boolean logic and escape characters.</p>

- June 16th, 2021 **Fundamentals of Regression Analysis**, York University
Instructor: Linda Farmus, MA
 The focus of this brief course is to understand and interpret linear regression analysis output from simple regression, multiple regression, and logistic regression models, using R statistical software. Other topics covered will include evaluating the accuracy of regression models, assumptions, and special cases of regression models, such as ANOVA and ANCOVA.
- May 13, 2021 **An Introduction to CBT for Psychosis**, IEPA Early Intervention in Mental Health Workshop
Facilitators: Kate Hardy, PsyD., Paul French, Ph.D.
 The focus of the workshop is to understand the application of Cognitive Behavioral Therapy for psychosis (CBTp). CBTp has been recognized as being an important intervention to help people manage distress associated with psychosis. The therapy has been developed over a number of years and tested in research trials for people with long standing symptoms through to people with an emerging at-risk mental state for psychosis.
- April 16, 2021 **Decolonizing Psychology Training**, Teachers College, Columbia University
Speakers: Carol Falender, Ph.D., Celeste Malone, Ph.D., Jasmine Mena, Ph.D., Amanda Sullivan, Ph.D.
 The goal of this full day conference is to provide educators, supervisors, and students within the field of psychology and related fields with the needed resources to critically examine and decolonize their curricular, research, supervision, and mentorship practices.
- February 23, 2021 – March 23, 2021 **beginR**, The Odum Institute for Research in Social Science
Led by faculty members at the University of North Carolina, Chapel Hill
 This month-long training session provides lessons on the fundamentals of R, including lessons on workflows, data transformations, exploratory data analysis, strings & factors, joining and reshaping with tidyr, reproducible reports, functions and conditions, loops and error handling, and models.
- November, 2020 **Brain Stimulation Intensive Course**, Medical University of South Carolina
Instructor: Mark S. George, M.D., Brain Stimulation Lab
 This didactic and practicum course includes review of patient selection and preparation, TMS technique, management of complications, TMS treatment management and medicolegal issues. A one hour written examination tested the theoretical and practical knowledge learned in the course.

COMMUNITY & OUTREACH ACTIVITIES

- March 2022 – Present **Daybreak Arts**
Mental Health Volunteer
 -Assist and organize gala events with tasks including distributing artwork to patrons, monitoring activity in the silent auction area, checking in guests and creating spreadsheets to organize sales and purchases
 -Develop workshops for current artists to bridge the creative arts and mental wellbeing and to showcase and connect with the artists who had previously or are currently experiencing homelessness, housing insecurity, and other poverty-related circumstances to evaluate their creative propensity as a means of attaining financial stability & economic mobility

- October 2021 – Present
Vanderbilt Undergraduate Research Journal
Graduate Student Mentor
- Host a workshop with the social sciences undergraduate reviewers where I discussed and explained the review process, including what I look for when asked to review the paper for a journal (e.g. What makes a good figure? What are common errors in the methods section?).
 - Meet bi-weekly with the undergraduate reviewers to go over submitted articles.
 - Listen to the comments and make suggestions to give a general review of the piece to make sure there are no major flaws.
- January 2022 – Present
Graduate Student Council
Psychology Student Representation
- Communicate and deliver information to the department of psychology on regarding events, student initiatives, and community outreach
 - Participate in a Pen Pal program with a local middle school to promote communication regarding science, and to exchange ideas regarding favorite subjects and hobbies.
 - Assist in organizing and planning graduate student social events, including decorating venues, ordering refreshments, and ticket distribution.
- June 2021- Present
American Arab, Middle Eastern and North African Psychological Association
Conference Planning Committee
- Design and disseminate AMENA-PSY 2021 MENA Matters: Increasing Visibility in Psychology Virtual Conference brochures that outlined the speaker series, individual sessions, and poster presentations
 - Moderate six presentations and invited speaker discussions over the course of the 2-day conference, with tasks involving answering chat room questions, organizing handouts for conference attendees, recording presentations, and meeting with presenters to disclose responsibilities and guidelines
 - Outline and crowdsourced questions for an FAQ page to be distributed to the conference attendees
- Advocacy Committee*
- Advance American Arab/MENA voices on key psychological committees and decision-making bodies
 - Develop psychologically informed responses to public issues pertaining to Arab/MENA populations
 - Engage in policy development related to American Arab/MENA psychological issues
 - Promote social justice and mobilize against discrimination targeting Arab/MENA populations
- Newsletter Committee*
- Collect articles, photographs, and news to advance practice, policy, and research, as well as information about professional activities and opportunities, within the organization
 - Design, edit, and organize the collection of items using Canva, a graphic design platform for visual content
 - Distribute the newsletter across listservs and member emails to provide a forum for sharing news

- January 2021 – Present **Psychin' Out Mentorship Program**
Co-Founder
- Paired 200 Psychology Graduate students with mentee applicants according to their research areas, preferred identities, and graduate program of interest.
 - Organized and created the content for a free Psychology Graduate Application Bootcamp during the Summer of 2021. The event shared a series of presentations and panels that guided members through each step of the graduate application process, offering applicable resources for Ph.D./Psy.D. hopefuls. It comprised of a two-layer series; themed presentations (Research Goals, Picking Programs, Statements & App Materials, and Hidden Curriculum), as well as productive workgroups where members could brainstorm and work on application materials in a virtual meeting room.
 - Designed and produced a “Graduate Interview Workshop” for Psychology PhD applicants that comprised of the following modules: how to prepare for an interview, what to expect during an interviews, the Dos and Don'ts of interviews, what to do post-interview, and a Q&A session that helped answer participants' outstanding questions. We also provided resources that comprised of spreadsheets, documents, and videos to help stay organized prior, during and after the interview. The session was attended by 103 applicants, and was recorded to be sent to the 1000 members of the mentorship program through our email listserv.
- January 2020- Present **Be Brave Beirut**
Content Creator & Editor
- Spearhead mental wellness initiative to communicate emotional, physical, and mental wellbeing via Instagram and blog posts
 - Develop workshops focusing on resiliency, practicing self-compassion, understanding intergenerational trauma, and de-stigmatizing mental illness
 - Analyze the data from 100 surveys to improve the outreach, communication, and emotional support services provided by Be Brave Beirut
 - Communicate the importance of mental health awareness in the Middle East and North African Region through delivering online content that supports cross-cultural diagnosis, measures, and treatment of mental illnesses
- December 2019 – Present **High Impact Coffee Hour**, Psychology Podcast
Co-Host
- The goal of our podcast is to sit down with researchers and scientists in the psychology field to discuss their current research, as well as their career paths throughout their lives. We take a feminist approach to our conversations, and invite people from all stages of their career, including undergraduate & graduate students, early career researchers, industry workers, as well as professors. A few of our guests have included social psychologists, clinical psychologists, data analysts, psychology honors thesis undergraduate students, experimental psychologists, and public health researchers.

MEDIA APPEARANCES

- April, 2022 **[The Importance of Culture in Life & Research](#) | Dear Grad Student**
Podcast Guest
- In this episode of Dear Grad Student, Elana chats with 1st year PhD student and the host of the High Impact Coffee Hour podcast, Katrina Rbeiz, about her cross-cultural identities, navigating her own culture during grad school, and how to center culture in your grad school research.

- January 2022 [**Home: A Re-Evaluation | Our Global Campus**](#)
Podcast Co-Host with Nikia Brown
-We invited student representatives from Illinois, out of state, and outside of the country and interviewed them about belongingness, developing transnational identities, finding a sense of home among diverse places and people.
- January 2021 [**6 Countries, 3 Education Systems, 1 Adventurous Third Culture Kid | Our Global Campus**](#)
Podcast Guest
-Six countries and three education systems later, third culture kid, Katrina Rbeiz, shares her diverse experiences growing up as a Lebanese-American in the Middle East. In this episode, she describes how her double major in psychology and global studies enables her to pursue research at the intersection of cultural identity and mental disorders. She also discusses how she uses her lived experiences in the Middle East to counter misrepresentations portrayed by the media. Illustrating what it looks like to navigate worlds while living in a state of in-between,
- March, 2020 [**Third culture kids find home in diverse cultural environments | The Daily Illini**](#)
Article Subject
-Discussed life experiences as a third culture kid, someone who was raised in a cultural environment other than with their parents while also living in a different environment for the majority of their developmental years.

SELECTED SKILLS

Computer programming: R, Python, VBA, SPSS, SAS, JMP, MATLAB, Prism 9

Languages: Fluent in French and Arabic, Limited Working Proficiency in German

PROFESSIONAL AFFILIATIONS

American Arab MENA Psychological Association

Society for a Science of Clinical Psychology

IEPA Early Intervention in Mental Health

The Early Career Hallucination Research Group

Association for Research in Personality

Association for Behavioral and Cognitive Therapies

Schizophrenia International Research Society